

1) Title –Preceptorship program

Objectives of the practice-

It was observed that the students in professional colleges are very busy in their studies in colleges and at their residence/ hostel. During their tenure in the college, they come across many problems and difficulties. Many students are away from their native place they need a place where they express their feeling, problems and find their solutions, sometimes they also need moral and psychological support. Looking into these difficulties of students we run preceptorship programme in our college. Senior staff members will act as preceptors for 10 students till they pass out from the institute. The students of repeater batch will be personally monitored by the Head of the departments (HODs) of respective years.

The Practice-

Scheduled meetings are conducted between students (preceptee) and their allotted preceptors once in a week. The issues, if any are discussed amongst them. If issue is urgent preceptor can directly convey to the higher authorities, otherwise issues are discussed amongst preceptors in a meeting scheduled once in a month and conveyed to the convenor or co-convenor of the preceptorship program who then present them in the college council meeting scheduled monthly. The programme will be reviewed by dean of our college.

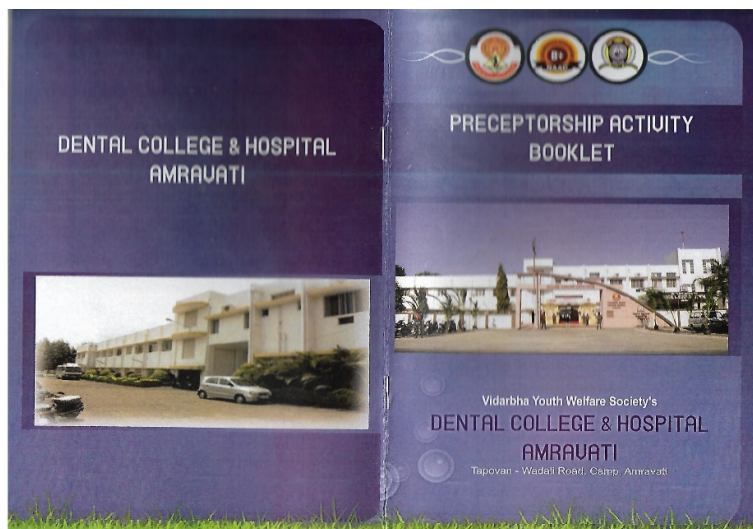
The preceptee can share any of their problems or issues, can connect to their preceptors even telephonically any time. Issues like food, hostel, studies, study materials, conveyance can be addressed, even personal issues to some extent can be addressed.

We try our level best to solve their issues at earliest, but we make them comfortable and free to approach our kind and generous Dean. We also intimate their parents for the issues in which involvement of family is to be anticipated.

Evidence of Success-

Separate list of Preceptor(Staff) for that year and Preceptee (10-15 students) is attached.

Booklet of Preceptorship is also uploaded.



2) Title of the practice: **Tobacco cessation Centres in our VYWS Dental College and Hospital, Amravati.**

We are regularly celebrating anti-tobacco day every year on 31st may. We have taken an innovative initiative by establishing Tobacco cessation centre (TCC) in our college from this year i.e. 2019, which is located on the ground floor in our college just beside reception area. The location of the centre enable easy access to all the patients. The TCC is managed collectively by the Department of Public Health Dentistry, Department of Oral Medicine and Department of Oral Pathology where 1 intern from each department is posted on rotary basis for the screening and counselling of each and every patient visiting in our college.

Objectives

TCC aims to provide patient care services and community awareness. The centre conducts clinical based individual tobacco cessation sessions as well as community awareness events.

The Context

We have a separate room for the counselling of all the patients. The centre displays the etiology, health hazards, self-diagnosis, and Treatment options available by means of charts, flexes, audio-visual aids and demonstration. We also modulate behavioural management of the patients suffering from cancerous and pre-cancerous lesions. Along with the patients we also try to educate the accompanying person and whole of their family regarding hazards of tobacco.

The practice

The steps involved in counselling of the patient to address tobacco cessation are as follows:

Ask :- We ask open ended questions so that the patient will get the opportunity to elaborate that will help to initiate the conservation.

Advice:- We advise patients to quit tobacco in clear, strong and personalized language.

Assess:- We ask every patient if he/she is willing to quit we provide resources and assistance to motivate the patient.

Assist:- 1) We give advice on successful quitting

2) Provide resources for patients

-Assist them for quitting tobacco and sometimes provide resources such as free nicotine patches.

3) Assist them by setting a quit date up to 2 weeks of the visit.

Patients diagnosed with cancerous and pre-cancerous lesions are guided properly and treated in our own college by the Department of Oral Surgery. We work in collaboration with Punjabrao Deshmukh Memorial Medical college, Amravati for the surgical procedure of the patients. We also have provision of Below Poverty line (BPL) card where we provide concession to poor patients who cannot afford the expenses of the treatment and make health facility easy for them.

As an adjunct to the Tobacco cessation centre we also arrange camps outside the campus area, in different places and cities to spread awareness amongst the masses. We have arranged various camps for the spread of awareness at different locations in the year 2019 such as Yashoda Nagar, Rajapeth Bus Stand, Gadge Nagar, Dasara Maidan, Gandhi Chowk, Wadapura, Badnera Nayi Basti, Badnera Juni Basti and Gadeshwar. We also provide

prescription and medications to the needy people. We carry out various educational skits,street plays, demonstrations and flash mobs for the education of the masses.

Evidence of Success:-

Our initiative seems to be getting successful as we are receiving increasing numbers of patients visitingcollege for the counselling and treatment of tobacco cessation.

Success rate TCC is attached.

Problems Encountered

Initially patient cooperation was the issue. But later by seeing the progress of the TCC the problem wasresolved.